



# Get your flu immunisation

**Free** for people 65 years and over who are eligible\* for publicly funded health services.

*The influenza vaccine does not protect you from the COVID-19.*



- 1 Free flu jab** – people aged 65 and over can get vaccinated at their local family doctor (GP) or participating community pharmacist.

If you get an invite/ opportunity to receive the COVID-19 vaccination, you should prioritise this first and get the COVID-19 vaccine before you get the influenza vaccine.

Please note that whilst a two-week gap between influenza and COVID vaccines is recommended there are no clinical safety concerns should the gap between vaccines be less than two weeks.



- 2 Feeling unwell** – Fevers, chills, muscle aches, a runny nose, coughing and stomach ache? Call Healthline **0800 611 116** or call ahead to talk to your local family doctor (GP). Interpreters are available on request.

*\*If you are ineligible for publicly funded health care, you can purchase the influenza vaccine through your family doctor (GP) or local pharmacist.*

*For more information, go to [www.healthpoint.co.nz](http://www.healthpoint.co.nz)*

The influenza vaccine is a prescription medicine. Talk to your family doctor (GP), nurse or local pharmacist about the benefits and possible risks or call Healthline 0800 611 116.